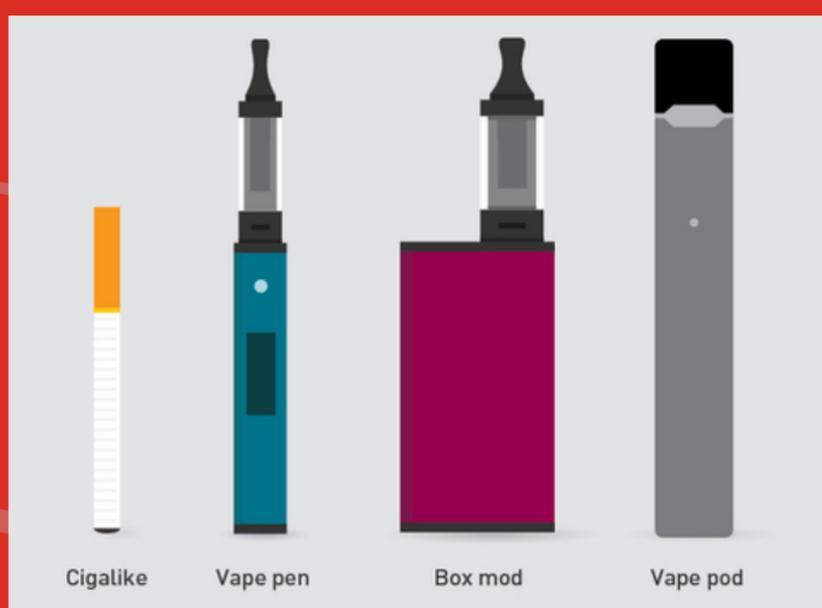


HOW TO: ADDRESS VAPING

Here are some examples of what vapes might look like. Keep an eye out for these in your home.



Vaping

- Vaping has become one of the most popular ways for teens, and adults, to consume tobacco and marijuana.
- A "vape" is technically an electronic cigarette that turns nicotine or THC into a vapor you can inhale.
- Most vape products contain nicotine, which is highly addictive, but all vape products contain harmful chemicals.

Concerns

- Vaping is a growing health concern, especially for young people because the technology is so new.
 - Research is still be done on the long-term effects, and we likely won't know all of them for years.

Consequences of Vaping

- Research on cigarettes shows us that teen use of nicotine and marijuana harms the brain, keeping it from developing properly. This can cause:
 - poor attention control
 - memory retention issues
 - lessened impulse control
 - altered mood
- Early research also shows that "vape" aerosol is not harmless water-vapor, it can actually have lasting impacts on the lungs.
 - Vapes are known to cause respiratory illness, lung injury nicknamed EVALI and contain cancer-causing chemicals.

**For more information
about the dangers of
vaping, use this
QR Code:**

