

MY EMERGENCY PREPARDNESS PLAN

ROLE/RELATIONSHIP	NAME	PHONE	ADDRESS
Primary Emergency Contact Person			
Out-of-State Contact			
Call 911 for Emergencies	DIAL 911		
Non-Emergency Local Police			
Local Red Cross	Connecticut Chapter	1-877-287-3327	209 Farmington Avenue Farmington, CT 06032
Local Emergency Management Office	Connecticut Region 4	1-860-465-5460	15-B Old Hartford Road Colchester, CT 06415
Primary Care Physician			
Pharmacy			
Medical Equipment Supply Company			
Oxygen Supply Company			
Neighbor			
Relative			
24/7 info about critical health and human services in the community	2-1-1 Call Center	Dial 211 from any phone	
Poison Control		1-800-222-1222	

MY MEDICAL INFORMATION

MY FULL NAME	MY DATE OF BIRTH

DOCTORS

NAME	SPECIALTY	PHONE NUMBER

ALLERGIES/SENSITIVITIES

DRUG NAME OR IRRITANT	TYPE OF REACTION

MY MEDICAL CONDITIONS

MEDICAL CONDITION	DATE DIAGNOSED	ONGOING OR RESOLVED

MY EMERGENCY PREPARDNESS PLAN

SURGERIES

DATE OF SURGERY

MEDICATIONS

NAME

ROUTE

DOSE

HOW OFTEN

INSURANCE INFORMATION

TYPE

COMPANY

POLICY #

PHONE #

Health

Prescription

Homeowners/Rental

Auto

Long-term Care

PERSONAL PREFERENCES OR COMMUNICATION PREFERENCE

MEETING PLACES

PLACE

NAME/CONTACT

ADDRESS

PHONE

In neighborhood

Outside of neighborhood

OTHER INFORMATION

Courtesy of



DAY KIMBALL HEALTHCARE AT HOME

A community partner of YaleNewHavenHealth